

Recovery

Change is
Peace

FREEDOM

JOY



LEARNING

HAPPINESS

HOPE

REAL

Strength
Courage

Support

Love

Wellness

Family

ACCEPTANCE

Connections

COSHOCTON
COUNTY,
DID YOU KNOW...

There is no wrong door
to enter for support.



Let us help you navigate
the service support system.



Quality Improvement Center
Collaborative Community Court Teams



Coshocton County Juvenile Court

Coshocton County NQIC- Court Collaborative Community Team

Plans of Safe Care are the services and supports for mothers, infants, and family members whom are impacted by substance abuse.

Plans are developed by the family and professionals who are providing care and services to the parents, infants, and family members.



The Plan of Safe Care is to:

Address your and your baby's health and safety by:

- ⇒ Working with you to identify your overall health & substance use treatment needs.
- ⇒ Make referrals and link you to services.
- ⇒ Focus on you and the health and development of your baby.

How Can WE help ?

Resources, Support and Help for Parents with substance use issues.



QIC Review Team

Allow QIC to facilitate a team centered approach to your care. The coordinator will receive information about the services that are provided to you, and synchronize, efforts to provide the best level of care that meets your family needs. By working together we can ensure services are not duplicated.

With your help, the team creates a Plan of Safe Care that identifies your overall needs and the needs of your baby. The QIC Review Team will meet to make referrals and link you to supportive services.

Coshocton Area Resources

Coshocton County of Job and Family Services 725 Pine St. Coshocton, Oh 43812	740-622-1020
First Step Domestic Violence Intervention Services 647 Locust St. Coshocton, Oh 43812	740-622-8504
Help Me Grow 23720 Airport Rd, Coshocton, Oh 43812	740-622-1552
Maternal and Child Health Clinic 724 S. 7th St. Coshocton, Oh 43812	740-622-2999
Women, Infants and Children (WIC) 724 S. 7th St. Coshocton, Oh 43812	740-622-2929
Family PACT 324 Chestnut St., Coshocton, Oh 43812	740-622-6208
Family and Children First Council 724 S. 7th St., Coshocton Oh, 43812	740-622-3760
Coshocton County Head Start 3201 CR 16, Coshocton Oh., 43812	740-622-9537
Coshocton Regional Medical Center 1460 Orange St. Coshocton, Oh 43812	740-622-6411
Knox Community Hospital 1330 Coshocton Ave., Mt. Vernon, OH	740-393-9000
Genesis Hospital 2951 Maple Ave, Zanesville, Oh 43701	740-454-4000

Substance Use & Mental Health

Allwell Behavioral Health Services 1199 S. 2nd St., Coshocton, Oh 43812	740-622-4470
Coshocton Behavioral Health Choices 610 Walnut St., Coshocton, Oh 4312	740-622-0033

Neonatal Abstinence Syndrome (NAS)

Occurs after birth due to the baby being exposed to substances (usually opioids) during pregnancy.

Symptoms can include:

- Body shakes (tremors), seizures (convulsions), overactive reflexes (twitching) and tight muscle tone
- Fussiness, excessive crying or having a high-pitched cry
- Poor feeding or sucking or slow weight gain
- Breathing problems, including breathing really fast
- Fever, sweating or blotchy skin
- Trouble sleeping and lots of yawning
- Diarrhea or throwing up
- Stuffy nose or sneezing

Your baby may need additional time and treatment in the hospital.

How can you help your baby that NAS?

Swaddle your baby (wrap him snugly) in a blanket.

Give your baby skin –to-skin care (also called kangaroo care). Its when you put your baby, dressed only in a diaper, on your bare chest.

Keep your baby in a quiet, dimly lit room.

Breastfeed your baby.

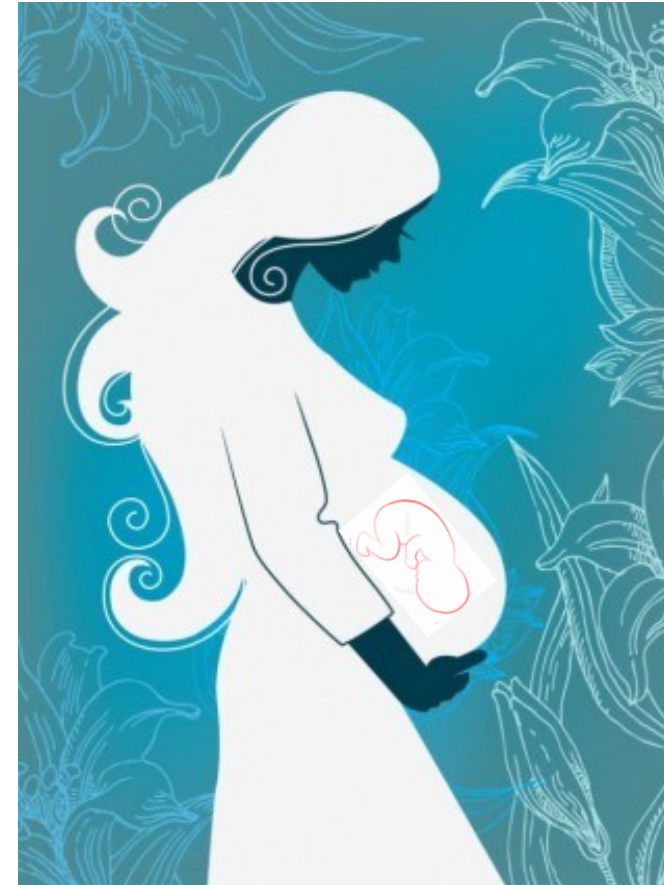
Source: March of Dimes, 2019

Strength
Support
Peace
SAFE
HOPE
Wellness
Family
Bonding
ACCEPTANCE
Love



Quality Improvement Center
Collaborative Community Court Teams

Pregnant? Using?



Plan of Safe Care

A plan created with you
to support your health
and your baby's health
and development.

Coshocton County NQIC- Court Collaborative Community Team

What is a Plan of Safe Care?

A plan to address you and your baby's health and safety by:

- Working with you to identify your overall health & substance use treatment needs.
- Make referrals and link you to services.
- Focus on you and the health and development of your baby.



What if I am taking medication my doctor prescribed me?

- Prior to birth, inform your OBGYN of your prescribed medications and sign a release so your OBGYN and prescribing doctor can coordinate care.
- Bring the prescription bottle(s) to the hospital with you.
- Bring a release of information from the prescribing doctor to the hospital.
- If you are pregnant and taking opioids, talk to your doctor before you stop taking them. Stopping opioids too quickly may harm you and your baby.

When and why is the Dept. of Children Services Contacted?

A federal law, CARA, requires Children Services to be notified when:

- The baby has signs and symptoms of withdrawal (see NAS info on back).
- The baby has signs of being affected by Fetal Alcohol Spectrum Disorder.
- There are indications of neglect, abuse or maltreatment.
- In Ohio, Children Services is contacted when a mother or baby tests positive for substances or has a history of substance use during pregnancy.

What Happens Next?

- A hospital social worker will meet with you.
- A Children Services intake worker will complete a Plan of Safe Care with you, your family and the hospital staff and offer referrals to services.
- If you would like to go to rehab, there are treatment centers you can go to with your baby.
- The Children Service's intake worker will explain the next steps as every family is different.

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Service Coordination

Allow QIC to facilitate a team approach to your care. The QIC Review Team will receive information about the services that you are provided for your circumstances, and synchronize, services to implement the best level of care that meets your family needs. Through coordination and your input the QIC Review Team will work to ensure that you have the best Plan of Safe Care for your circumstances.

*Help starts with you.
There is no wrong door
to enter for support.*



*Let us help you navigate
the service support system.*

HOPE
Strength
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Plan of Safe Care

Support for families in addressing the health and safety needs of substance exposed or affected infants and toddlers.



The Comprehensive Addiction and Recovery Act (CARA) of 2016 is the first major federal addiction legislation in 40 years, and the most comprehensive effort undertaken to address the opioid epidemic, encompassing all six pillars necessary for such a coordinated response: – prevention, treatment, recovery, law enforcement, criminal justice reform and overdose reversal.



How Can a Plan of Safe Care Help You?

Service Coordination

Early Intervention

Home Visiting

Family Drug Court

Substance Use Treatment

Medication Assisted Treatment (MAT)

Mental Health Treatment

Maternal and Child Health Clinic

Women, Infants and Children (WIC)

Supportive Services

The Plan of Safe Care is an arrangement which addresses, the safety of an affected infant, the treatment needs of the infant, and the health and substance use disorder treatment needs of the affected family or caregiver.

The plan is developed with the parents or other caregivers, as well as the collaborating professional partners and agencies involved in caring for the infant and family.

A Plan of Safe Care can occur with or without the involvement of a child welfare agency.

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